



New York State Archives

**New York State War Council Office of Physical Fitness
New York City Regional Office Administration and
Correspondence Files A4306**

New York State Archives
222 Madison Avenue
Albany, NY 12230
archref@nysed.gov
URL: <http://www.archives.nysed.gov/>

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Overview of the Records

Repository:	New York State Archives
Summary:	This series contains correspondence, pamphlets, and other materials documenting the activities which promoted physical fitness in one region supervised by the Office of Physical Fitness. The records of New York City Regional Supervisor Boris Von Arnold and Ethel T. Kohlberg, Principal Supervisor, Women's Industrial Program, constitute the bulk of this series. Information on women's exercises and activities is featured throughout the series.
Creator:	New York State War Council. Office of Physical Fitness
Title:	New York City regional office administration and correspondence files
Quantity:	1.6 cubic feet
Inclusive Date:	1942-1945
Series:	A4306

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Arrangement

Alphabetical by subject.

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Scope and Content Note

This series contains correspondence, pamphlets, and other materials documenting the activities which promoted physical fitness in one region supervised by the Office of Physical Fitness (OPF). The records of New York City Regional Supervisor Boris Von Arnold and Ethel T. Kohlberg, Principal Supervisor, Women's Industrial Program, constitute the bulk of this series.

This series contains: correspondence between the regional office and war industry companies such as Grumman, Curtiss-Wright, and Bristol-Myers, in addition to sports organizations

such as the Police Athletic League, YMCA, YWCA, and summer youth camps about fitness programs and athletic leagues within their organizations; pamphlets from federal agencies concerning physical fitness; requests for OPF pamphlets and certificates; correspondence with OPF Director Hiram A. Jones; and routine office matters such as expenses and supply inventories.

Information on women's exercises and activities is featured throughout the series resulting from Women's Industrial Program Principal Supervisor Kohlberg's visits to defense plants to promote, organize, and assist physical fitness and exercise programs for women defense workers.

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Other Finding Aids

Available at Repository

Folder list is available at the repository.

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Use of Records

Access Restrictions

There are no restrictions regarding access to or use of the material.

Administrative Information

Processing Information

This series was originally accessioned as boxes 189 and 193 of old collection #77, accession -71.

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Access Terms

- World War, 1939-1945--Health aspects--New York (State)
- Health
- World War, 1939-1945--Children--New York (State)
- Exercise
- Health education of women
- World War, 1939-1945--Social aspects--New York (State)
- New York (State)
- Physical education and training--New York (State)
- Pamphlets
- New York (N.Y.)
- Administering health education
- World War, 1939-1945--Women--New York (State)
- Physical fitness--New York (State)
- Public health--New York (State)
- Women--Health and hygiene--New York (State)
- Bristol-Myers Company
- Curtiss-Wright Corporation
- Grumman Aerospace Corporation